

7 Life-changing Habits That will bring you success in life.

1. Start Your Day Early.

Almost every successful person who accomplishes amazing feat arises early in the day. They wake up extremely early so that they can spend the undisturbed time alone and do their most important tasks – get ready for what is coming during the day. You have to always remember, in order to build outstanding success, you have to always be prepared and start strong. Outstanding leaders and entrepreneurs such as Howard Schultz of Starbucks, Richard Brandon of Virgin Group, Apple CEO Tim Cook, Disney CEO Bob Iger, etc, all started their day early.

Action: Practice this same habit of waking up early and get ready for what is coming during the day. You may feel uneasy and uncomfortable at first, but you need to overcome it and turn it into a habit. Wake up 15 minutes earlier and gradually improve from there can be a good strategy.

2. Spend 30 Minutes Into Reading.

Invest in yourself is one of the most important things that you can do to achieve extraordinary results in life. There is no difference between you and me, we are both the same physically, unless if you are like Nick Vujicic, who was born without limbs. The only difference between us will be our knowledge and our skills.

It is our thinking that separates us and makes us who we are today. Therefore, if you want to improve your results, first you have to change the way you think. Do you know that reading is one of the easiest habits you can practice to improve the quality of your life? Want to learn how to cook? Learn from a cook book. Want to learn how to invest in the stock market and be financially free? Learn from books and attend seminars for faster result.

Action: Practice the habit of reading for at least 30 minutes each day. You can do this either in the morning before you start your day or before you sleep at night. Read relevant books that will improve your knowledge or just read personal development books.

3. Practice The Power Of Five.

This is a powerful technique that can give you results over time. Dreaming and thinking about being rich and successful is not going to help unless you act and take action upon your dreams. Every day, write down 5 things that you need to do in order to achieve your goals and do them. You can do more if you have more time, depending on your tasks. Make sure that you do the task so that you will guarantee to get results. More importantly, practice this technique every day until it becomes a habit and you will do it automatically.

Action: Each day before you start your day or the night before, write down 5 most important tasks that you need to get done during the day and do it. Do this consistently until it becomes a habit.



EXCELL-I-SENSE

4. Praise And Compliment Others :

When is the last time you praise and compliment others? Do you know that by complimenting others, you are creating good and positive energy and this energy can surround you and make the whole environment good? Of course, you don't have to do this on purpose or compliment others for the sake of it. No, you have to praise and compliment from your heart. You want to really feel good about it and do it with integrity. If you are trying to fake it, others may feel it and the effect can be the opposite. **Great leaders compliment other people's good work.**

Action: Practice the habit of complimenting others by searching for the good in those people in your surrounding. You might want to start with people close to you such as your family, your spouse or your friends. Try to praise them and see the results.

5. Commit To Your Promises :

"It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently." – Warren Buffett.

Being ethical and keeping promise are the two characteristics that people look into when they do business with you. Not only that, try to imagine if you promise your spouse to do something but you did not. It may be alright for once. However, if you do it consistently, your relationship may suffer. Whenever you set goals, they are like promises that you make to yourself. So commit to your goals and act on them seriously. Never take this lightly as it is going to determine who you are and where will you be in the future.

Action: Decide and commit to your goals from now on. Never do things half- heatedly. Keep all your promises and walk your talk, especially in business.

6. You Can Never Do It Alone :

No man is an island. You can never succeed alone. Some people may say that they achieved outstanding results because of what they do, alone, which is not true. Never forget the education that your parents gave you. Never forget the love your family gave you. What about your clients who trust and spend their money with you? So no one can succeed alone.

Action: If you want to build a successful business and create outstanding success in life, build a team. It is not a one-man show.

7. Contribute Back To The Society And The World :

Giving back to the society and tithing is a personality that you must practice from small.

Bill Gates, Warren Buffet, Richard Branson, etc, they all donate and contribute a lot back to the society. You may say that they can do so because they are rich and they have all the wealth. Think about this, do you think it is easier to donate \$10 or to donate \$100,000?

Action: Start to adopt the habit of tithing and contribute back to the world and the society. You don't need to wait until you are successful to do so. Start small and make it into a habit. Start today.