

You will regret these choices in 10 years.

Life is short. Youth is finite. You have every opportunity to make the most of the life you have right now. Your choices today will determine the number of regrets you will have in the next ten years. The most common regrets you have probably read about are: missed opportunities, not spending time more prudently, accomplishing more, not doing meaningful work, procrastinating, not forming better habits, not mastering another language or skill, getting into bad relationships, or making mistakes in a past relationship.

1. Waiting for a perfect time:

"Don't wait until everything is just right. It will never be perfect. There will always be challenges, obstacles and less than perfect conditions. So what. Get started now. With each step you take, you will grow stronger and stronger, more and more skilled, more and more self-confident and more and more successful." —Mark Victor Hansen

There is never a perfect time for you to take action. There is never a perfect time for you to launch that project, to spend time with your family, to write a book, change your habit, or embrace a new habit. Once you acknowledge this, you will get a lot more meaningful work done everyday. I'm too tired. I don't have the time. I am not capable. Someone else will do it. It's too late now. Now is not the right time. I am not talented. I am not ready. I'm too scared. Nobody will help me. What if I fail. I don't feel motivated. I'd rather do nothing. I don't have the money..yet!

2. Waiting to be picked:

"What pick yourself means is that it's never been easier to decide to be responsible for your own work, for your own agenda, for the change you make in the world. To have a chance to matter. Not to be finished right now, but starting now. Pick yourself means we should stop waiting and whining and stalling. The outcome is still in doubt, but it's clear that waiting just doesn't pay." — Seth Godin

Today, there are more ways than ever to pick yourself and show your work. Far easier to have someone notice your creative work. And if you're driven and focused, you may discover that the market loves what you do. That people come back for more of what you have to share or say.

That's how you build public reputation. A good or even great one. You can become the best in the world at something that people value. You may not be able to monetize from it immediately, but showing up everyday makes the biggest difference. you have everything you need to make an impact in the world. You don't even have to start your own business. What you need is something you can you can emotionally and deeply connect with. Don't think too far into the future. Use what you have right now at where you are and witness the magic of creative work. If you're thinking about it too much, chances are you're killing it. Stop waiting to be picked! Choose yourself!



3. Living someone else's dream:

"Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma — which is living with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary." —Steve Jobs
The greatest challenge in life is discovering who you are; the second greatest is being happy with what you find and making the most of it.

The decision to stay true to your own goals and dreams is a life-changer. Make time to pursue your passion project, no matter how busy you are. If you have always wanted to be a writer, and get a book published. Self-publish. Because you can. Amazon makes insanely easy to upload a manuscript, design a cover and hit publish. It's that easy. You don't have to wait to be chosen. You can choose yourself. You don't need permission to get your ideas to the right audience.

4. Failing to try:

"Try and fail, but don't fail to try." —John Quincy Adams

The biggest reason people fail at creating habits, changing their lives, pursuing their goals or simply taking action is that they can't find the motivation to start. The problem is, you are comfortable with what you're doing (current routine), and the new habit you actually need to be better is less comfortable (it's too hard). You are clinging to the comfortable. It's so easy to be enticed by a stable salary, a solid routine and a comfortable

life, but at what expense?

"You miss 100 percent of the shots you don't take." Wayne Gretzky could not have said that any better. You can only make progress if you take a step. Overcoming the fear of failing is the first step towards success. Start confronting your fears today. And take even the most basic step towards what you have to do.

5. Giving up too soon:

Don't quit. Never give up trying to build the world you can see, even if others can't see it. Listen to your drum and your drum only. It's the one that makes the sweetest sound." —Simon Sinek.

If you have ever failed in the past but never gave up, you are stronger than you think. If you have failed recently and are considering giving up, don't. The obstacle is definitely the way. There will always be a way out. You just haven't found it yet. Keep on trying. Find out why and how you got stuck, and dig yourself out of the temporary setback. Unfortunately, most people refuse to do something about their failures. In the end, they give up on their dreams and stop working on projects that matter to them and continue to wallow in discontent.